

SUMMER CAMP SCHEDULE 2023

7:30 - 8:30	Free - Floor / Wake-Up Games
8:30 – 9:15	Morning Rotation 1 Group 1 (ages 4 – 5): Gymnastics or Theme Activity in KG room Group 2 (ages 6 – 7): Floor Activities Group 3 (ages 8 & up): Pit / Rope
9:15 – 10:00	Morning Rotation 2 Group 1 (ages 4 – 5): Pit / Rope Group 2 (ages 6 – 7): Gymnastics or Theme Activity in KG room Group 3 (ages 8 & up): Floor Activities
10:00 – 10:45	Morning Rotation 3 Group 1 (ages 4 – 5): Floor Activities Group 2 (ages 6 – 7): Pit / Rope Group 3 (ages 8 & up): Gymnastics or Theme Activity in KG room
10:45 – 11:25	Group 1 (Ages 4 – 5) - Lunch Group 2 (Ages 6 - 7) – Free - Floor Groups 3 (Ages 8 & up) – Pit Time
11:25 – 12:00	Group 1 (Ages 4 – 5) - Pit Time Group 2 (Ages 6 - 7) – Lunch Groups 3 (Ages 8 & up) – Free - Floor
12:00 – 12:30	Group 1 (Ages 4 – 5) - Free - Floor Group 2 (Ages 6 - 7) – Pit Time Groups 3 (Ages 8 & up) – Lunch
12:30 – 1:00	Group 3 sits under High Bar while KG room gets cleaned.
1:00 – 1:30	Afternoon Rotation 1 Group 1 (ages 4 – 5): Gymnastics or Theme Activity in KG room Group 2 (ages 6 – 7): Floor Activities Group 3 (ages 8 & up): Pit / Rope
1:30 – 2:00	Afternoon Rotation 2 Group 1 (ages 4 – 5): Pit / Rope Group 2 (ages 6 – 7): Gymnastics or Theme Activity in KG room Group 3 (ages 8 & up): Floor Activities
2:00 – 2:30	Afternoon Rotation 3 Group 1 (ages 4 – 5): Floor Activities Group 2 (ages 6 – 7): Pit / Rope Group 3 (ages 8 & up): Gymnastics or Theme Activity in KG room
2:30 - 2:55	Group 1 (Ages 4 – 7 girls) - Snack Group 2 (Ages 4 – 7 boys) – Free - Floor Groups 3 (Ages 8 & up girls & boys) – Pit Time
2:55 - 3:20	Group 1 (Ages 4 – 7 girls) - Pit Time Group 2 (Ages 4 – 7 boys) – Snack Groups 3 (Ages 8 & up girls & boys) – Free - Floor
3:20 – 3:45	Group 1 (Ages 4 – 5) – Free - Floor Group 2 (Ages 6 - 7) – Pit Time Groups 3 & 4 (Ages 8 & up) – Snack
3:45 – 4:15	Groups 1 & 2 - put on shoes and pack up, sit along vault runway while KG room gets cleaned Group 3 - Free Pit
4:15	Campers start moving to KG room

Wild, Wacky, Wonderful NHG Summer Camp

Our theme this year is everything “Wild, Wacky, & Wonderful”! Each week will have various Wild, Wacky, and Wonderful activities, dress-up days, games, crafts, and special activities. Some Fridays’ special activities may have EXTRA FEES which can be paid with camp tuition the week before.

WEEK OF:

- 1) **Wed June 1 – Fri June 3: “Wild Child - Born to be Wild”**
 - This week will focus on each child, their name, what their names mean, their family tree, and their portrait.
 - **Friday Special Dress Day:** Dress like something that starts with child’s first name’s letter (i.e. “A” dress like an apple, an astronaut, an alligator, etc. “B” dress like a baby, a baseball player, a bear, etc)

- 2) **June 5 - 9: “Wild, Wild, West”**
 - What child doesn’t love playing cowboys and Indians? All week long we will play western games, make cool cowboy crafts, learn to lasso, square dance, and line dance.
 - **Friday Special Dress Day:** Dress like a cowboy, cowgirl, Indian, or sheriff.

- 3) **June 12 - 16: “The Wild Life - Welcome to our Zoo”**
 - This week will focus on jungle and safari animals, with games and crafts.
 - **Friday Special Activity: 8:45 – 10:45 Petting Zoo, Extra Fee \$10.**

- 4) **June 19 - 23: “What a Wonderful World”**
 - This week will focus on kids around the world, games and crafts from various countries.
 - **Friday Special Activity: Bike Day** (Bring bike, scooter, skateboard, etc. to ride/ walk around gym neighborhood. Bring tennis shoes or appropriate footwear to be outside.

- 5) **June 26 - 30: “The Wonderful Wizard of Oz”**
 - We’re off to see the wizard, the Wonderful Wizard of Oz. We will follow the Yellow Brick Road and will help Dorothy and Toto find their way home. There is no place like home!
 - **Friday afternoon movie “Wizard of Oz”**

- 6) **Wed July 5 – Fri July 7: “Wild Hair Day”**
 - This week will be hairy with wild and wacky games and crafts.
 - Each day camper can come with wild and wacky hair styles or hats, and counselors will help with crazy styles. Campers can bring their brush/comb, hair spray / color, and any other hair accessories they want to use.

- 7) **July 10 - 14: “Wet ‘n’ Wild”**
 - This week’s activities will focus on “beach fun” with wild games and crafts. Our campers will be Stoked after a week of Hanging Ten and Wiping Out!
 - **Friday Special Activity: Water Slide & Popsicles, Extra Fee \$10.** (Have camper wear normal clothes to camp, bring swimsuit, towel & sunscreen in bag, suggest flip flops)

- 8) **July 17-21: “Willy Wonka”**
 - Greeting campers, you are the lucky finder of this Golden Ticket! Tremendous things are in store for all of you! Many wonderful surprises await you!
 - **Friday afternoon movie “Charlie & the Chocolate Factory”**

- 9) **July 24-28: “The WOW Factor – NHG 20th Birthday Celebration”**
 - Each day this week will be a celebration – NHG is turning 20!!
 - **Friday Special Dress Day:** Glow in the Dark Dance Party – wear neon colors