

McD'S 2021 COMPETITION SCHEDULE

SATURDAY, DECEMBER 4, 2021

SESSION 1: WOMEN LRG LEVEL 1 (39 gymnasts)

(Teams include: Crescent City, Rice City, Riverbend, Southern Strides, Xcel)

9:00 AM	OPEN STRETCH / BAR SETS
9:15 AM	MARCH IN
9:30 AM	WARM-UP / COMPETE
10:30 AM	AWARDS in PV gym

SESSION 2: WOMEN LRG LEVELS 2 & 3 (51 gymnasts)

(Teams include: Crescent City, Rice City, Riverbend, Xcel)

11:00 AM	OPEN STRETCH / BAR SETS
11:20 AM	MARCH IN
11:30 AM	WARM-UP / COMPETE
1:30 PM	AWARDS in PV gym

SESSION 3: WOMEN NGA LEVELS 1, 2 & SILVER (58 gymnasts)

(Teams include: Bossier Olympiad, Cajun Pride, Cajun Twisters, Jill's, Premier, Iity, Tumble Bugs)

2:00 PM	OPEN STRETCH / BAR SETS
2:15 PM	MARCH IN
2:30 PM	WARM-UP / COMPETE
4:30 PM	AWARDS in PV gym

SESSION 4: WOMEN NGA LEVELS 3,4, & 5 (74 gymnasts)

(Teams include: Cajun Pride, Cajun Twisters, Jill's, NHG, Premier, Riverbend, Tumble Bugs)

5:15 PM	OPEN STRETCH / BAR SETS
5:35 PM	MARCH IN
5:45 PM	WARM-UP / COMPETE
9:00 PM	AWARDS in PV gym

SUNDAY, DECEMBER 5, 2021

SESSION 5: WOMEN NGA LEVELS GOLD, 6, 7, 8, PLAT, & DIA (41 gymnasts)

(Teams include: Bossier Olympiad, Cajun Pride, Jill's, NHG, Premier, Riverbend)

9:00 AM	OPEN STRETCH / BAR SETS
9:20 AM	MARCH IN
9:30 AM	WARM-UP / COMPETE
12:00 PM	AWARDS in Gymnastics Gym

SESSION 6: WOMEN USAG LEVELS 4,5, 6 & XG (26 gymnasts)

(Teams include: NHG, Rice City, SOLA, Southern Strides)

1:00 PM	OPEN STRETCH / BAR SETS
1:20 PM	MARCH IN
1:30 PM	WARM-UP / COMPETE
2:30 PM	AWARDS in Gymnastics Gym

SESSION 7: WOMEN USAG LEVELS 1,2, 3, XB & XS (57 gymnasts)

(Teams include: NHG, Rice City, SOLA, Southern Strides)

3:30 PM	OPEN STRETCH / BAR SETS
3:45 PM	MARCH IN
4:00 PM	WARM-UP / COMPETE
6:00 PM	AWARDS in PV gym

Location: New Heights Gym, 1204 Import Drive, New Iberia, LA 70560

Phone: 337-365-3806

Website: www.newheightsgym.org

SPECTATOR ADMISSION * CASH ONLY*

ADULTS 11yrs & up: **\$10**

CHILDREN 4-10yrs: **\$5**

UNDER 4yrs: **FREE**